



Holding back the signs of time...

Sasha Young-Dumont is a qualified practitioner of advanced facial rejuvenation acupuncture in Richmond. One of her clients, Mary O'Hagan, Managing Director of Vivace is keen to advocate the virtues of this amazing anti-aging treatment

If my dear Dad could see me now, lying on a bed with what seemed like hundreds of needles in my face and body, he would have exclaimed 'a fool and her money are easily parted', but had he seen the relaxed youthful and happy me after my two hour treatments with the wonderful Sasha, he would have agreed that parting with hard earned cash, to be a human pin cushion, was the best thing I could possibly do.

I found Sasha when I saw a friend who was looking 10 years younger, and when I found out she was having a natural treatment, and not putting Botox and fillers in her face, I was delighted and had to know more!

I met with Sasha and found the facts behind the treatment very scientific and reassuring. The basic principle of acupuncture is the needles are inserted into specific parts of the

body that are linked to meridian systems. Activating these points stimulates the production of endorphins which in turn kicks starts a natural healing process, as Chi moves around the body. The facial needles activate the production of collagen and elastin which tightens and smoothes the skin making you look years younger!

I had two problems when I first saw Sasha; a broken heart and a face like an old boot! Acupuncture involves a whole body treatment. It not only resolves the problems on the surface, but also addresses the inner problem, in my case an inability to sleep and stop crying.

The treatment involves a series of weekly sessions, that under Sasha's expert hands, and warm heart is like having deep relaxation, counselling, a laugh with the girls and the best facial ever; all rolled into one.

Cosmetic acupuncture has witnessed growing attention from the national press in recent times. Dubbed as the new secret beauty weapon to the stars, this non-invasive treatment is designed to revitalise and rejuvenate the overall appearance of your skin, whilst minimising fine lines and wrinkles.

*To find out how Traditional Chinese Medicine can help you visit:
www.serenitymedica.com
or call now on 07757 991511
sasha@serenitymedica.com*

Sasha Young-Dumont MAcS MPCHM offers acupuncture, Chinese herbal medicine, treatments for stress, infertility, insomnia and facial rejuvenation at her clinic in St. Margarets.

20% off your first treatment with this advert. Offer ends April 30th 2009